CANUTILLO A Premier District

SUMMER SALT

Sustaining Academic Learning Together

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A Message from your Curriculum & Instruction Department

Dear Canutillo Families,

Have you ever heard of the Summer Slide? The Summer Slide is a term to describe information students lose each summer. During typical school years, teachers can account for this at the beginning of the next school year. However, this is not a typical year. Educators across the country are worried that school closures due to COVID -19 will have a greater impact on students. The amount of information students lose over the summer has the potential to be even greater this year.

In an effort to defeat the summer slide, we have reimagined summer learning to support the continued growth and learning of all students during the summer. CISD Summer **S.A.L.T.** (Sustaining Academic Learning Together) is an exciting initiative that provides opportunities for parents and students to "spice up" the summer and partner with us to help our students to preserve their learning. Just like a "somersault", this program will enable students to successfully leap into next year and land on their feet!

CISD recommends a whole-child approach to learning. This summer, we want students to relax, play outside, and experience adventures with their families. A dash of Summer **S.A.L.T.** daily gives your child time to explore new ideas, play, and strengthen math and reading skills. Summer **S.A.L.T.** is a menu of activities for you and your child to choose from. Students are asked to spend a little bit of time each day reading and practicing math. In addition, the menu includes activities for social studies, science, art, community, citizenship, and exercise. Best of all, every CISD student in Pk-5th grade will receive Grab 'N' Go Packs by mail. Your child will also be able to participate in a schedule of online lessons provided in English and Spanish by one of our CISD teachers. Additionally, there are suggested daily activities for math and reading as well as an abundance of other fun activities to do while at home this summer. Please look over this menu as a family and choose daily what appeals to you.

Students will receive credit at the start of the next school year for the time they put into the menu this summer. You can also look for contests for time spent reading and online use of Imagine Math, myON, and Istation.

With your support, we can defeat summer slide and ensure the continued growth and learning of our students. On behalf of CISD, we thank you for your partnership in ensuring instructional continuity during these difficult times.

Sincerely,

Debra Y. Kerney

Debra Y. Kerney, Ph.D.
Executive Director, Curriculum & Instruction

Take a look at these graphs. They help explain what the Summer Slide could look like this year. Summer **S.A.L.T.** can aid in preventing this:

Figure 1. Mathematics forecast

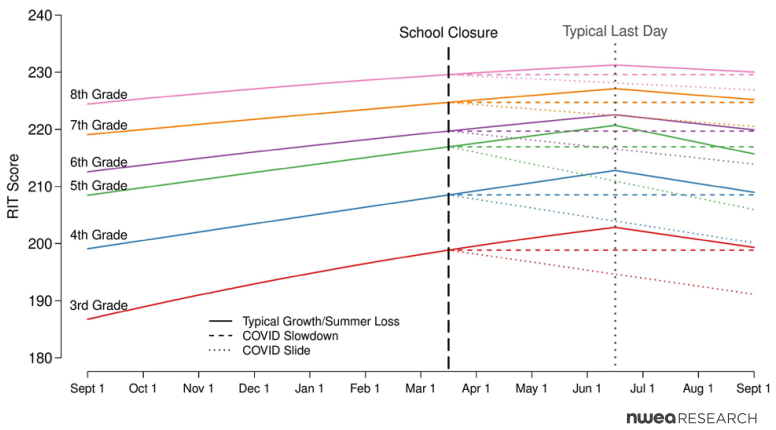
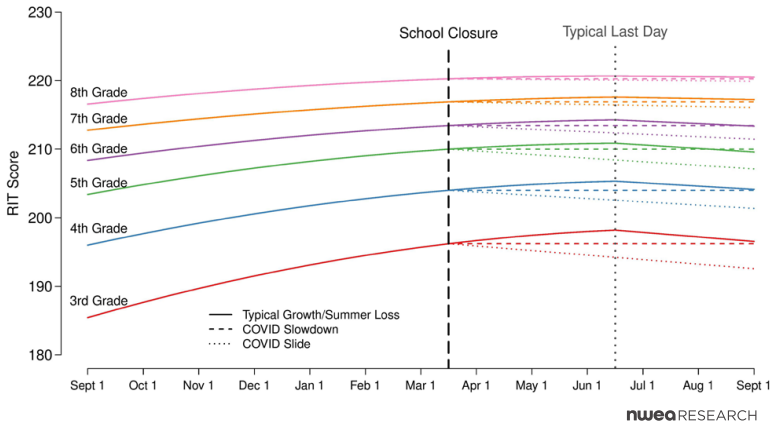
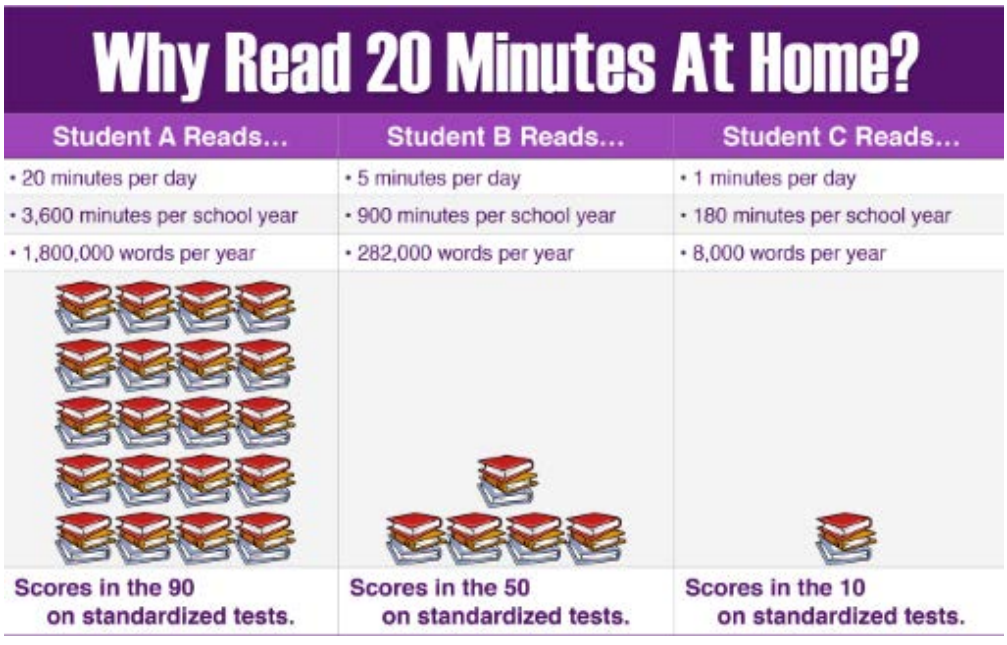


Figure 2. Reading forecast

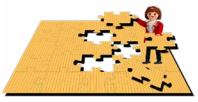
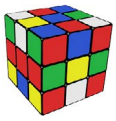


You have also probably heard that reading is good for students. Take a look at this graph. The more books children read the higher they score on standardized tests like our STAAR test.



Summer S.A.L.T. Daily Appetizers

Appetizers are a way to start your day. Look at the list below. Choose one activity each day to complete. Some of the activities have links to follow online. When you complete an activity, cross it off your list. Have fun! If you finish all your activities, it is OK to do them again or look for something like them on your own.!

- ☐ Write and mail a positive note to our troops. **Support Our Troops 13791 N. Nebraska Tampa, FL 33613**
- ☐ Take out the trash.
- ☐ Watch a video from the **National Geographic Youtube channel.**
- ☐ Help cook or make a meal for your family.
- ☐ Spend 20 minutes **on logic puzzles.** 
- ☐ Watch this video then teach your mom or dad how to make **Mac and Cheese.**
- ☐ Watch this video about **the Franklin Mountain State Park.**
- ☐ Do you like Chess? Watch **A Brief History of Chess.** Then **play a game** against a computer.
- ☐ Write a thank you note to someone.
- ☐ Do a **Jigsaw Puzzle.**
- ☐ Watch: **TED-Ed -How the food you eat affects your brain.**
- ☐ Watch this video about **Eagles, Falcons, and Owls**
- ☐ Watch a **Brief History of Dogs.**
- ☐ **Spot the difference** game.
- ☐ Make a recycling box for your home. **View this sheet** and make sure these items get recycled in your house.
- ☐ Learn about **Octopi.**
- ☐ Wash the dishes.
- ☐ Call a family member who doesn't live in Canutillo or El Paso.
- ☐ Spend 20 minutes **on logic puzzles.**
- ☐ Watch a **Polar Bear at the San Diego Zoo.**
- ☐ Spend 20 minutes on **Brain Games**
- ☐ Write a letter to someone you love.
- ☐ Listen to an episode of the podcast, **StarTalk**, with Neil deGrasse Tyson.
- ☐ Watch a **Geyser in Yellowstone National Park.**
- ☐ Create a **Scavenger Hunt** for your family.
- ☐ Watch this video about **Electing the President of the USA**. Ask your parents who they want to be our next president and why.
- ☐ Explore the **world's largest cave: Son Doong in Vietnam.**
- ☐ Design and build a **musical instrument** out of recycled materials.
- ☐ Take a 5-minute shower and turn the water off while brushing your teeth to conserve water.
- ☐ Do a **Science experiment** with a parent.
- ☐ Watch this video and **draw a bald eagle.**
- ☐ Watch this video **on the Great Pacific Garbage Patch.**
- ☐ Watch a **Giraffe hang out on EarthCam.**
- ☐ Spend 20 minutes **on logic puzzles.** 
- ☐ Read a story to someone.

Summer S.A.L.T. Main Dishes

Nourish your brain with Reading and Math this summer. Students in **PK through 8th** grade are encouraged to login to **myOn**, and **Imagine Math at least 4 times a week.** For every 10 minutes you read or practice, cross off a box on the chart. **Students PK-5th grade will also receive a set of books to be used during the Elementary Literacy-Extension Live-Stream Sessions.** In addition, dual language students will receive a set of books in Spanish.

SCHOLASTIC READS — Elementary Literacy - Extension Virtual Sessions

Mondays		Tuesdays		Wednesdays		Thursdays	
9:00-9:45							
GES PK-5		**RES PK-5**		**GES PK-5**		**RES PK-5**	
June 8	June 15	June 9	June 16	June 10	June 17	June 11	June 18
10:00-10:45							
DDE PK-5		**JDE PK-5**		**DDE PK-5**		**JDE PK-5**	
June 8	June 15	June 9	June 16	June 10	June 17	June 11	June 18
11:00-11:45							
CES PK-5		**BCE PK-5**		**CES PK-5**		**BCE PK-5**	
June 8	June 15	June 9	June 16	June 10	June 17	June 11	June 18

SCHOLASTIC READS — Literatura a nivel primaria Extensión de sesiones virtuales

En Español!

Lunes		Martes		Miercoles		Jueves	
9:00-9:45							
Primaria Garcia (1-5)		**Primaria Reyes (1-5)**		**Primaria Garcia (1-5)**		**Primaria Reyes (1-5)**	
Junio 22	Junio 29	Junio 23	Junio 30	Junio 24	Julio 1	Junio 25	Julio 2
10:00-10:45							
Primaria Davenport (1-5)		**Primaria José Damián (1-5)**		**Primaria Davenport (1-5)**		**Primaria José Damián (1-5)**	
Junio 22	Junio 29	Junio 23	Junio 30	Junio 24	Julio 1	Junio 25	Julio 2
11:00-11:45							
Primaria Canutillo (1-5)		**Primaria Bill Childress (1-5)**		**Primaria Canutillo (1-5)**		**Primaria Bill Childress (1-5)**	
Junio 22	Junio 29	Junio 23	Junio 30	Junio 24	Julio 1	Junio 25	Julio 2

Istation

1 lesson	1 lesson	1 lesson	1 lesson
1 lesson	1 lesson	1 lesson	1 lesson
1 lesson	1 lesson	1 lesson	1 lesson
1 lesson	1 lesson	1 lesson	1 lesson
1 lesson	1 lesson	1 lesson	1 lesson
1 lesson	1 lesson	1 lesson	1 lesson
1 lesson	1 lesson	1 lesson	1 lesson
1 lesson	1 lesson	1 lesson	1 lesson
1 lesson	1 lesson	1 lesson	1 lesson
1 lesson	1 lesson	1 lesson	1 lesson

myON

10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins

Imagine Math

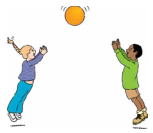
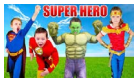
10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins
10 mins	10 mins	10 mins	10 mins

Summer S.A.L.T. Dessert Menu

Desserts are the fun part of a meal. Pick one of these activities each day to get moving. It is OK to do each activity more than once or create your own, just try to keep moving.

- [ ] Watch a video about the **Treadmill's Dark and Twisted Past**, then go for a jog around your neighborhood.
- [ ] Watch **TED Ed: How fast can human beings go**, then go outside and see how fast you can run.
- [ ] Learn about the **LEGO movies** and then try to design your own **online LEGO** set.
- [ ] Have a parent time how long it takes you to hop all the way around the outside of your house.
- [ ] Watch these two videos for making a paper kite. Make each one and see which one flies the best.

  Kite #1 **Kite #2**

- [ ] Bathe your pet.
- [ ] Play hopscotch.
- [ ] Wash the car.
- [ ] Walk a pet.
- [ ] Can you do 20 push-ups?
- [ ] Exercise challenge-
  - 15 sit-ups
  - 20 jumping jacks
  - Walk for 10 minutes
- [ ] See how many jumping jacks you can do in 10 minutes.
- [ ] Turn up the music and dance in the living room for 20 minutes.
- [ ] Toss a ball around with a family member 
- [ ] Challenge your parents to a workout. For ideas look at **12 At-Home Work-outs to do with your kids.**
- [ ] Jump Rope for 10 minutes.
- [ ] Walk through your neighborhood with a parent.
- [ ] Wash and fold your family's clothes.
- [ ] Walk a pet.
- [ ] Build your own **Chair**
- [ ] Exercise challenge-
  - 20 sit-ups
  - 20 jumping jacks
  - 15 push-ups
- [ ] Do a chore around the house like vacuum, dust or mop.
- [ ] Look up your favorite **song** lyrics and sing it for your family Karaoke style.
- [ ] How many times can you bounce a soccer ball without dropping it?
- [ ] Jump Rope for 10 minutes.
- [ ] Turn up the music and dance in the living room for 20 minutes
- [ ] Find out how exercise affects your **heartbeat.**
- [ ] Play **Stack Attack** with your family.
- [ ] Help a neighbor with their yard.
- [ ] Bounce a balloon for 15 minutes without letting it touch the floor.
- [ ] Pick up trash outside
- [ ] Complete a **Hy-Vee** Kidsfit workout.
- [ ] Feeling Stressed: **Try a 5 minute Meditation**.
- [ ] Do a **superhero** workout. 
- [ ] Make and play with a **milk jug** catcher.
- [ ] Have a **Submarine Race.**
- [ ] Play outside for an hour.
- [ ] Try these 8 **simple stretches** with a family member.
- [ ] Walk through your neighborhood with a parent.
- [ ] How far can you throw a ball?

Snack Time

If your child is still craving additional educational experiences, go to the the Texas Home Learning site provided by T.E.A.

https://texashomelearning.org/parent-home-situation

Texas Home Learning was created by T.E.A. to provide families with everything needed to support at-home learning. Learning Plans are included for grades Pre-K through 12th grade. Each grade level is packed with 8 weeks of rich information, activities, and links to help you enrich your child's at-home education this summer. There are printable packets as well as online versions of each plan.

Grade Levels	Content of Texas Home Learning Packets
Pre-K	Themed activities for reading, independent work or play, exercise, and one-on-one instruction
K-5	Activities for Reading, Writing, Math, Science, and Social Studies, as well as time for exercise
6-8	Activities for Literature, Reading, Writing, Math, Science, and Social Studies, as well as time for exercise
9	English I, World Geography, Biology, Algebra I and Geometry
10	English II, World History, Chemistry, Algebra II and Geometry
11	English III, US History, Physics, Algebra II and Precalculus
12	English IV, Government & Economics, Physics and Precalculus